

Celebrities have ditched the frozen look as 'au naturel' comes back in style. Gone are trout pouts, pillow face cheeks and static foreheads. Instead, our stars are banishing OTT Botox and extreme surgery to grow old gracefully.

Dr Julian De Silva, from The Centre for Advanced Facial Cosmetic and Facial Surgery in Harley Street, London, explains, 'There is a trend for more subtle and natural injectable treatments - a case of less, not more.'

It's partly due to the current vogue for health and well-being, but also because there have been a few celebrity disaster stories in the past few years. Women,

and female celebrities in particular, are much more careful not to overdo fillers and Botox treatments.'



SHARON OSBOURNE, 63

She's back on *The X Factor* panel, her comments may be rough, but not her face! Mrs O is frank about the work she's

had done, including a face and eye lift. She said, 'I think Botox is one of the best things to be created in plastic surgery.'



PLASTIC

Dr De Silva says, 'It appears her face is swollen and the jawline and cheekbones have gone, I think due to the puffiness caused by too much filler. The right eye is even slightly closed because of it.'



FANTASTIC

'Here, Sharon looks strong, confident and 20 years younger than her 63 years. No doubt it's not all down to a good skin cream, but in the picture her face looks natural and healthy.'

DITCHING TO LOOK

DANNI MINOGUE, 44

When Sharon Osbourne quit her job as judge on *The X Factor* in 2007, she said she was leaving because of fellow judge Danni, claiming she had 'no sense of humour and bad plastic surgery'.

The Aussie is having the last laugh, though - she looks better than ever. Danni has confessed, 'I don't use Botox... it was definitely something I did in a particular time of my life, but not any more.'

PLASTIC

Dr De Silva says, 'She looks amazing here. Beautiful, feminine features, high cheekbones, strong jaw. To me, it looks like maybe there's been slightly too much lip filler on the bottom lip.'



FANTASTIC

'This is a more natural look. Her lips look almost perfect in shape and size, but apparently not due to injectables. This is her with little or no make-up, so there is less contouring on the cheeks - they're less prominent.'

KYLIE MINOGUE, 48

Kylie still looks as good as she did when she starred in *Neighbours* 30 years ago. The singer has admitted using

Botox, but said, 'I don't [use it] any more, I won't go near it. I have lines. You can see the lines on my face.'



PLASTIC

Dr De Silva says, 'I think too much Botox has been used here. The eyelids appear to close when she smiles – a sign that the skin has to over-compensate for other facial muscles that can't move.'



FANTASTIC

'I'd suggest there could have been some use of Botox, but if so, it appears to have been done subtly and professionally. Kylie appears sun-kissed and natural, and her face looks youthful.'

NICOLE KIDMAN, 49

In 2013, Nicole said, 'No surgery for me. I did try Botox, unfortunately, but I got out of it and now

I can finally move my face again. I wear sunscreen, I don't smoke and I take care of myself.'



PLASTIC

Dr De Silva says, 'I think she has had lip filler – it looks to have been overdone. It would look better when she's not smiling, but I think you can make out the outline of the filler in the top lip.'



FANTASTIC

'She looks demure and elegant. It looks to me like she has used Botox, as her face appears practically line-free, but it's subtle. She looks like a woman who has taken care of her skin.'

THE PLASTIC FANTASTIC

Celebrities are returning to the more natural look, and it's taking years off them

MADONNA, 57

Madonna has always denied having work done. She said, 'I am what I am. And I don't

like the idea of someone putting you to sleep, then them taking knives to you.'



PLASTIC

Dr De Silva says, 'I think this looks like overuse of injectable fillers. She appears to have the "pillow face" effect.'



FANTASTIC

'To me, she appears to be careful with the amount of fillers she uses. Madonna looks 10 to 15 years younger than her age here.'

KRIS JENNER, 60

Filmed having a facelift on *Keeping Up With The Kardashians* in 2011, Kris

said, 'Do what makes you feel good. And do great research on the doctor you choose.'



PLASTIC

Dr De Silva says, 'There looks to be sun damage as the skin looks stretched and dehydrated. The whole face appears pinched.'



FANTASTIC

'I take my hat off to her facialist and dermatologist! Kris has great bone structure and is a beautiful mature woman.'